

CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

Ranking

GERAL MASCULINO - HALF

Triathlon | HALF

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	JOÃO VICTOR MALDONADO LIMA .	124	M	25	04:10:55.11	3	00:23:24.74	01:13 /HM	00:02:02.21	1	02:12:43.31	40,69 km/h	00:02:02.06	6	01:30:42.79	04:19 /km
2	ALTINO MACHADO D OLIVEIRA NETO .	84	M	38	04:13:28.10	6	00:24:16.19	01:16 /HM	00:02:55.21	2	02:14:51.61	40,04 km/h	00:01:42.42	4	01:29:42.67	04:16 /km
3	FELIPE DAYRELL SILVESTRE .	47	M	46	04:16:21.47	2	00:21:07.21	01:06 /HM	00:02:23.46	10	02:24:34.40	37,35 km/h	00:01:30.36	2	01:26:46.04	04:07 /km
4	FABIO S RANGEL DE OLIVEIRA .	116	M	30	04:17:03.49	47	00:29:33.65	01:33 /HM	00:02:49.27	3	02:15:01.06	39,99 km/h	00:01:49.45	3	01:27:50.06	04:10 /km
5	ANDRE AUGUSTO ORLETTI .	16	M	33	04:24:05.96	9	00:24:28.79	01:17 /HM	00:02:32.33	11	02:24:37.02	37,34 km/h	00:02:14.85	5	01:30:12.97	04:18 /km

GERAL FEMININO - HALF

Triathlon | HALF

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	STELLA APARECIDA FURLAN DE OLIVEIRA .	10	F	34	04:49:10.96	3	00:31:31.39	01:39 /HM	00:02:48.68	1	02:25:36.52	37,09 km/h	00:01:40.69	3	01:47:33.68	05:07 /km
2	JULIA MARIA GURGEL TIRADENTES .	11	F	33	05:03:06.16	4	00:31:44.72	01:40 /HM	00:02:35.87	2	02:40:36.24	33,62 km/h	00:02:24.77	2	01:45:44.56	05:02 /km
3	DANIELA ABADE .	3	F	49	05:40:33.84	1	00:29:52.73	01:34 /HM	00:02:48.75	3	02:55:21.74	30,79 km/h	00:04:23.03	6	02:08:07.59	06:06 /km
4	ISADORA DE OLIVEIRA JEHA .	8	F	38	05:41:14.79	7	00:39:00.60	02:03 /HM	00:04:44.46	6	03:09:46.28	28,46 km/h	00:04:18.66	1	01:43:24.79	04:55 /km
5	KARIN TOLEDO DE OLIVEIRA .	5	F	49	05:42:53.07	2	00:30:20.42	01:36 /HM	00:03:03.61	4	03:00:43.21	29,88 km/h	00:03:17.27	4	02:05:28.56	05:58 /km



HALF DISTANCE CATEGORIAS

PRAIA DA BACUTIA - ES
04/08/2024

Col.	Nome	Nro Equipe	UF	Final	Natação	T1	Ciclismo	T2	Corrida
<u>M 18-24</u>									
1	RAFAEL MENDES AMORIM	126 ATTAQ		04:58:30.49	00:27:00.38	00:03:34.19	02:38:03.72	00:01:56.14	01:47:56.06
2	GABRIEL ABREU KERKOFF	125 SKY ASSESSORIA ESPORTIVA		05:04:46.99	00:26:37.29	00:03:04.85	02:45:12.73	00:01:45.56	01:48:06.56
<u>M 25-29</u>									
1	BRUNO MARTINS COELHO FERNANDES	123 .		05:53:14.88	00:35:47.86	00:03:11.43	03:02:12.71	00:02:03.43	02:09:59.45
2	ERNESTO SANTOS ROSALEM	122 STRONGTRI		05:53:50.06	00:26:59.15	00:02:50.28	03:00:00.99	00:02:09.01	02:21:50.63
3	MATHEUS GUIDA FRAZAO LEITE	121 MG PERFORMANCE	RJ	05:54:34.94	00:36:41.03	00:04:04.98	02:18:10.85	00:05:45.59	02:49:52.49
4	RODRIGO DAMICO	118 ASSESSORIA ROBINHO DI LIMA	RJ	05:59:04.21	00:28:12.71	00:04:58.37	03:33:02.19	00:03:23.85	01:49:27.09
5	RAFAEL DE SOUZA OLIVEIRA E SILVA	120 ENDORFINA	MG	06:21:33.02	00:33:26.96	00:07:03.75	03:11:26.36	00:07:01.74	02:22:34.21
6	LEONARDO DE ASSIS PIMENTA RODRIGUES	119 L3 TRIATHLON TEAM		06:56:27.90	00:25:56.50	00:02:32.77	03:54:31.29	00:03:52.57	02:29:34.77
<u>F 25-29</u>									
1	JULIA CARVALHO DE FREITAS FRANCA	13 ASSESSORIA ROBINHO DI LIMA	RJ	06:32:42.84	00:40:13.90	00:04:06.83	03:28:16.30	00:03:41.52	02:16:24.29
<u>M 30-34</u>									
1	VICTOR CRISTIANO RAMOS GOMES	101 .		04:28:00.50	00:24:38.88	00:03:17.85	02:22:12.81	00:01:51.89	01:35:59.07
2	RAMON ALVES	112 .	AC	04:52:44.86	00:29:12.53	00:02:28.20	02:31:37.75	00:02:48.51	01:46:37.87
3	MATEUS BARCELLOS BINDA CASTIGLIONI	107 RF TRIATHLON	ES	04:57:19.88	00:23:59.14	00:03:16.01	02:33:54.67	00:03:25.84	01:52:44.22
4	LUIZ OTAVIO ARAUJO FERREIRA SANTOS	108 MM MULTIESPORTES	MG	05:01:31.23	00:31:44.41	00:05:02.61	02:38:33.61	00:04:48.96	01:41:21.64
5	ANDRE CARON ZANEZI	105 SPADOTTO	ES	05:13:58.23	00:27:23.29	00:02:16.03	02:42:34.29	00:03:20.20	01:58:24.42
6	ARTHUR COSTA FABRIS	114 EVOCLUB	ES	05:14:25.08	00:23:55.91	00:03:43.02	02:48:57.26	00:03:11.14	01:54:37.75
7	THIAGO DANTAS FREIRE	9 CASA TREINOS		05:14:56.60	00:31:10.13	00:03:32.98	02:47:41.39	00:02:10.21	01:50:21.89
8	RAFAEL CARVALHO DE OLIVEIRA	109 L3 TRIATHLON TEAM		05:22:30.20	00:36:48.10	00:02:36.39	02:48:43.64	00:01:50.30	01:52:31.77
9	LUCAS PEREIRA ANTUNES DE SOUZA NACIF	102 STRONGTRI	ES	05:27:48.29	00:32:18.72	00:05:13.36	02:46:35.95	00:04:30.53	01:59:09.73
10	VITOR VISA NOGUEIRA	113 GG TRI		05:47:37.55	00:32:02.77	00:04:08.19	02:58:21.86	00:02:03.61	02:11:01.12
11	SAVIO RIBAS	104 LUCAS MAROTTA ASSESSORIA	MG	05:51:08.87	00:39:01.99	00:02:44.25	03:02:05.09	00:04:00.31	02:03:17.23
12	LAZARO ANDRE BALDUINO	106 CFMURIAE	MG	05:52:15.19	00:39:57.32	00:07:24.51	03:19:29.95	00:06:54.10	01:38:29.31



HALF DISTANCE CATEGORIAS

PRAIA DA BACUTIA - ES
04/08/2024

Col.	Nome	Nro Equipe	UF	Final	Natação	T1	Ciclismo	T2	Corrida
13	JORGE WELLINGTON OLIVEIRA JUNIOR	103 L3 TRIATHLON TEAM	ES	06:14:59.38	00:27:31.20	00:05:15.86	03:26:38.87	00:05:57.71	02:09:35.74
14	JAMES JUNIO DIAS DA SILVA	115 AM ESPORTES	MG	06:23:05.77	00:36:25.74	00:04:25.60	03:27:48.57	00:04:32.01	02:09:53.85
15	FILIPE SANTOS CARDOSO ROSA	110 A2Z TEAM	SP	06:50:19.89	00:33:33.98	00:05:46.06	03:39:00.79	00:04:07.69	02:27:51.37
<u>M 35-39</u>									
1	FELIPE GRILLO BORGES	97 L3 TEAM	ES	04:34:35.27	00:27:06.65	00:02:57.25	02:19:52.97	00:03:05.61	01:41:32.79
2	VINICIUS PAZETTE FREITAS	90 TOUCA PRETA	RJ	04:35:01.79	00:27:17.27	00:03:14.44	02:21:40.59	00:01:31.72	01:41:17.77
3	FREDERICO GUERRA REGGIANI	79 L3 TRI TEAMSTART ENERGY	ES	04:35:38.46	00:24:17.24	00:02:09.93	02:24:13.08	00:02:27.13	01:42:31.08
4	ADRIANO NETO	44 NO LIMITE EXTREMO		04:49:01.30	00:26:40.81	00:02:54.03	02:38:01.36	00:03:27.45	01:37:57.65
5	JORGE LUIZ CORREA SILVA VICENTE CHAVES	89 EZK TEAM	RJ	04:53:11.06	00:32:36.07	00:03:54.21	02:33:33.78	00:03:04.00	01:40:03.00
6	RAFAEL MARQUES ESTEVES DE SOUZA	82 L3 TRIATHLON TEAM		05:01:02.97	00:28:09.18	00:04:18.69	02:40:37.84	00:02:06.72	01:45:50.54
7	DIOGO MORAES NOLASCO	86 TRIATLON GUACUI		05:09:05.88	00:26:18.09	00:03:07.61	02:39:18.96	00:01:55.77	01:58:25.45
8	ABNER LOPES CABRAL	92 FO TEAM	RJ	05:09:25.92	00:33:39.18	00:03:31.17	02:37:21.38	00:03:10.62	01:51:43.57
9	ELDER DUARTE SALLES	98 RENATOTRI	MG	05:11:13.77	00:30:16.41	00:04:51.03	02:43:53.87	00:04:16.46	01:47:56.00
10	GUSTAVO BARBOSA LIMA	96 ADAPT	ES	05:19:34.89	00:33:12.69	00:04:22.53	02:45:01.63	00:04:09.33	01:52:48.71
11	DIEGO BOTTECCHIA FERREIRA DA FONSECA	93 L3 TRIATHLON TEAM	ES	05:40:43.66	00:43:46.15	00:03:42.63	02:53:09.12	00:04:51.92	01:55:13.84
12	STEPHANO GUERRA	83 STEPHANO TEAM	SP	05:41:51.01	00:31:07.64	00:02:13.30	02:38:48.82	00:02:41.42	02:26:59.83
13	GUSTAVO COUTO SALLES	80 FOX ASSESSORIA ESPORTIVA	RJ	05:43:58.70	00:29:15.58	00:04:23.71	02:48:06.82	00:04:01.79	02:18:10.80
14	MARCELO DE PAULA	81 MENUCCI	RJ	05:44:25.42	00:28:19.87	00:04:28.72	03:04:28.93	00:04:05.32	02:03:02.58
15	GABRIEL FERREIRA QUEIROZ	87 ITT	MG	05:48:15.33	00:32:07.70	00:05:11.34	02:59:09.16	00:03:35.25	02:08:11.88
16	FABRICIO VINCO SECCHIN	99 L3	ES	06:18:43.88	00:29:31.21	00:03:41.55	02:54:59.63	00:02:46.66	02:47:44.83
17	HEBERT MARCHESI	94 L3 TRIATHLON TEAM	ES	06:20:26.84	00:29:39.64	00:03:22.11	02:57:02.79	00:03:18.92	02:47:03.38
18	RENATO HENRIQUE G D CORREA	85 ENDORFINA	MG	06:21:33.12	00:31:09.14	00:09:19.98	03:12:04.76	00:06:40.82	02:22:18.42
19	BRUNO VIEIRA MEDEIROS DE OLIVEIRA	78 .		06:33:28.26	00:51:10.69	00:05:26.75	03:23:10.18	00:05:54.02	02:07:46.62
20	BRUNO FERREIRA QUEIROZ	95 ITT	MG	07:03:50.43	00:32:50.10	00:06:31.26	03:48:47.02	00:07:24.68	02:28:17.37



HALF DISTANCE CATEGORIAS

PRAIA DA BACUTIA - ES
04/08/2024

Col.	Nome	Nro Equipe	UF	Final	Natação	T1	Ciclismo	T2	Corrida
<u>M 40-44</u>									
1	ROBERT SILVEIRA UTSCH	59 RUA ASSESSORIA ESPORTIVA		04:25:36.01	00:26:44.47	00:02:27.13	02:28:22.31	00:01:44.52	01:26:17.58
2	GEUSENIR AMORIM NOVAES JUNIOR	71 ACADEMIA RESPIRA - ACAO	MG	04:27:41.57	00:25:53.00	00:03:04.32	02:25:25.30	00:02:18.29	01:31:00.66
3	AINER RAMOS SAMPAIO	63 SANTITREINOS	ES	04:34:25.84	00:26:02.85	00:03:07.86	02:26:19.56	00:02:36.96	01:36:18.61
4	TIAGO FREIRE DE OLIVEIRA	55 VO2 RUNNING	ES	04:41:01.96	00:25:55.20	00:03:19.26	02:27:04.09	00:03:11.33	01:41:32.08
5	BRUNO DANIEL SANTANA	68 VO2 RUNNING	ES	04:41:02.25	00:29:17.91	00:03:12.26	02:27:33.79	00:02:39.86	01:38:18.43
6	THIAGO RODRIGUES CARNEIRO LOPES	61 CORDELLA	RJ	04:42:54.88	00:26:23.47	00:03:34.71	02:25:28.72	00:02:32.63	01:44:55.35
7	LEONARDO RODRIGUES DA SILVA	58 L3 TRIATHLON TEAM	ES	04:51:48.38	00:20:46.55	00:02:16.14	02:33:05.46	00:02:55.25	01:52:44.98
8	PEDRO CHESSINE TAN	75 EZK TEAM	RJ	04:53:26.85	00:26:59.82	00:02:38.12	02:42:37.74	00:02:52.35	01:38:18.82
9	VICTOR MACHADO MARTINS JUNIOR	67 LOBO ASSESSORIA	MA	05:00:00.57	00:33:25.74	00:03:28.66	02:37:16.60	00:03:53.59	01:41:55.98
10	RAFAEL MORAES NOLASCO	72 TRIATLO GUACUI	ES	05:09:09.72	00:29:34.08	00:03:30.93	02:35:38.20	00:03:02.23	01:57:24.28
11	GUILHERME BAEZ RODRIGUES CALATRONE	60 L3		05:10:07.19	00:31:51.68	00:03:07.96	02:40:16.11	00:01:46.68	01:53:04.76
12	DANIEL PINHEIRO CRUZ	73 MPR	MG	05:13:39.15	00:36:14.90	00:02:40.96	02:49:32.11	00:03:01.10	01:42:10.08
13	FELIPE MARQUES CECILIO	76 TARGAS	SP	05:19:07.68	00:28:38.06	00:03:53.65	02:46:40.46	00:02:19.58	01:57:35.93
14	ALEXANDRE CORSINI PAGANI	56 L3 TRIATHLON TEAM	ES	05:20:22.61	00:27:45.68	00:03:39.08	02:34:14.32	00:02:47.73	02:11:55.80
15	FLAVIO ANDRADE DE OLIVEIRA	62 L3 TRIATHLON TEAM	ES	05:29:19.81	00:24:21.14	00:02:50.56	02:45:25.38	00:04:07.10	02:12:35.63
16	BRAULIO CESAR MORAIS DE ASSIS	69 ITT	MG	05:34:59.98	00:32:09.60	00:04:42.57	02:58:20.30	00:03:47.24	01:56:00.27
17	JOSÉ LEANDRO DE FREITAS FILHO	54 L3	ES	05:43:52.42	00:32:12.83	00:05:29.77	02:58:03.59	00:04:51.81	02:03:14.42
18	WATSON RODRIGUES SARANDY	70 .	ES	05:51:22.08	00:32:02.71	00:03:35.68	03:00:54.68	00:03:45.22	02:11:03.79
19	DANIEL ZANINE BELGA	64 L3	ES	05:52:52.21	00:29:38.14	00:05:08.73	03:04:47.67	00:05:45.25	02:07:32.42
20	VINICIUS RAMOS FERREIRA	228 L3		05:56:03.57	00:36:18.33	00:03:24.85	03:04:14.67	00:03:57.32	02:08:08.40
21	JAIRO LEITE DA FONSECA	74 L3 TRIATHLON TEAM	ES	05:59:47.85	00:31:17.46	00:02:54.49	02:55:14.40	00:03:12.11	02:27:09.39
<u>M 45-49</u>									
1	FABIO MARSON	53 CB SPORTS	ES	04:46:08.81	00:25:17.95	00:02:42.99	02:28:19.67	00:02:11.61	01:47:36.59
2	FABRICIO MEIRELLES LOFRANO	40 ESCOLA DO MAR	RJ	04:49:57.57	00:27:14.37	00:02:48.12	02:37:25.15	00:02:32.15	01:39:57.78
3	FELIPE CARVALHO SORIA MARTINEZ	50 MR TRI	RJ	04:55:03.69	00:26:51.34	00:03:03.79	02:41:28.61	00:02:44.08	01:40:55.87
4	CELIO LEMOS DI CAVALCANTI JUNIOR	48 L3	ES	05:02:59.09	00:24:38.88	00:03:30.32	02:35:14.22	00:02:57.13	01:56:38.54



HALF DISTANCE CATEGORIAS

PRAIA DA BACUTIA - ES
04/08/2024

Col.	Nome	Nro Equipe	UF	Final	Natação	T1	Ciclismo	T2	Corrida
5	LEONARDO CONDE	38 TRIATHLON VICOSA	MG	05:06:53.20	00:27:58.08	00:02:55.47	02:39:23.21	00:02:49.77	01:53:46.67
6	RONEY GIORDANO PATRICIO DA SILVA	43 VIDATIVA	MG	05:12:10.59	00:33:34.66	00:03:13.67	02:42:22.26	00:02:24.79	01:50:35.21
7	LEONARDO DOS SANTOS GONCALVES	46 SANTITREINOS	MG	05:12:49.77	00:29:41.98	00:03:25.45	02:28:31.43	00:04:57.96	02:06:12.95
8	ANDERSON ANTONIO MEDEIROS	45 MARCELO DONA		05:16:37.81	00:29:53.07	00:03:13.36	02:47:10.34	00:02:34.66	01:53:46.38
9	GILBERTO ANDRE ROSA SACRAMENTO	91 L3		05:18:34.29	00:32:55.37	00:04:22.58	02:41:41.83	00:03:12.16	01:56:22.35
10	ANDERSON EDUARDO SILVA DE OLIVEIRA	39 T4 SPORTS	RJ	05:19:26.57	00:32:43.31	00:02:29.71	02:41:46.54	00:04:35.17	01:57:51.84
11	FRANCISCO CARLOS DE CARVALHO JUNIOR	51 PEAKS BRASIL	ES	05:26:17.57	00:32:25.55	00:07:17.23	02:44:30.97	00:04:01.53	01:58:02.29
12	ANDERSON VIEIRA DE SIQUEIRA	41 A2ZTEAM	SP	05:29:58.01	00:28:02.28	00:03:42.36	02:58:03.63	00:03:06.56	01:57:03.18
13	LEANDRO CHAVES AZEVEDO	49 .	MG	05:48:54.75	00:26:55.88	00:03:23.03	02:45:43.15	00:03:21.80	02:29:30.89

F 45-49

1	ELISA RODRIGUES	6 TEAM BRITTO	MG	05:59:55.11	00:36:49.05	00:05:38.37	03:03:04.34	00:04:54.65	02:09:28.70
2	SILVIA NOGUEIRA	4 FO TEAM	SP	06:09:18.71	00:36:47.87	00:04:34.79	03:14:38.93	00:05:22.62	02:07:54.50

M 50-54

1	FLAVIO DA ROCHA MIRANDA	30 HCTT	MG	04:25:31.46	00:25:51.51	00:02:23.23	02:23:51.15	00:02:34.87	01:30:50.70
2	IVANIL MATTOS DE ALMEIDA	29 .	ES	04:50:14.31	00:26:43.69	00:01:53.17	02:32:55.74	00:02:18.68	01:46:23.03
3	RODRIGO BAGUEIRA DE VASCONCELLOS	32 MRTRI ASSESSORIA ESPORTIVA	RJ	05:07:53.44	00:26:49.31	00:02:33.56	02:45:17.92	00:03:03.84	01:50:08.81
4	WILLIAM MENDES FIGUEIREDO JUNIOR	34 SAU BH		05:22:20.62	00:31:02.81	00:05:00.23	02:46:27.59	00:02:47.80	01:57:02.19
5	WALBER TAVARES GUIMARÃES	31 ESCOLA DO MAR	RJ	05:26:47.70	00:29:25.93	00:05:11.32	02:44:20.41	00:03:17.09	02:04:32.95
6	ADRISSOM CUSTÓDIO PERIS	36 EQUIPE LIMIAR	ES	05:31:41.38	00:30:29.00	00:04:24.55	03:01:01.02	00:05:11.36	01:50:35.45
7	ABIDO SAADI CERUTTI	28 .	ES	05:51:56.25	00:29:40.27	00:05:24.54	02:55:50.30	00:06:52.88	02:14:08.26
8	CRISTIANO TEIXEIRA ARANTES	37 L3TEAM	ES	06:18:47.39	00:31:29.19	00:04:17.06	03:21:51.09	00:03:21.71	02:17:48.34

F 50-54

1	MARIA JOSÉ RÊGO CALDAS	2 ESCOLA DO MAR		07:37:00.87	00:32:15.82	00:04:50.40	04:24:19.45	00:04:09.24	02:31:25.96
2	DANIELLE OLIVEIRA TOZZI MAFRA	1 L3		07:58:24.64	00:45:43.37	00:06:01.48	04:11:17.79	00:06:17.90	02:49:04.10



HALF DISTANCE CATEGORIAS

PRAIA DA BACUTIA - ES
04/08/2024

Col.	Nome	Nro Equipe	UF	Final	Natação	T1	Ciclismo	T2	Corrida	
M 55-59										
1	MARCELO GUSTAVO MATEUS	26	GUILHERME GUIDO	MG	04:51:29.17	00:29:41.93	00:02:50.67	02:41:50.43	00:01:59.06	01:35:07.08
2	MARCELO GOMES DE SANTANA	24	ITT ITABIRITO TRIATHLON TEAM	MG	04:52:57.32	00:32:08.04	00:03:42.42	02:36:52.55	00:03:23.42	01:36:50.89
3	CARLOS ALMEIDA DA SILVA	25	VIDATIVA	MG	04:59:15.16	00:29:02.02	00:02:53.67	02:40:08.75	00:03:29.55	01:43:41.17
4	JOSÉ GERALDO ABBADE FILHO	20	MAEDA SPORTS	MG	05:53:51.30	00:33:18.43	00:05:52.74	03:02:29.84	00:05:42.51	02:06:27.78
5	ALBERICO JOSÉ BINICA	23	GUARDA VIDA ITAPEMIRIM		05:56:49.61	00:36:20.60	00:05:41.63	03:10:32.41	00:06:22.90	01:57:52.07
6	CLOUER MARINHO	21	ITT AVANTE	MG	06:00:51.74	00:31:41.11	00:04:03.82	03:01:20.91	00:04:30.05	02:19:15.85
M 60-64										
1	JABES LOMEIO GUIMARAES JUNIOR	17	.		06:10:03.43	00:32:53.16	00:03:59.78	02:57:55.71	00:05:28.02	02:29:46.76
2	FRANCISCO DE ASSIS MOURA	856	.		06:11:50.35	00:31:56.62	00:04:18.44	03:20:25.86	00:04:18.86	02:10:50.57
M 65+										
1	RONALDO JOAQUIM DA SILVEIRA LOBAO	14	PAULO SERGIO TRIATHLON	RJ	06:18:40.60	00:36:52.29	00:07:40.65	03:10:42.32	00:06:30.84	02:16:54.50