

# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

Ranking

## # GERAL MASCULINO - STANDARD

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	LUIS OHDE .	279	M	31	02:04:39.56	2	00:17:31.39	01:10 /HM	00:01:37.90	2	01:02:44.56	38,25 km/h	00:01:39.14	2	00:41:06.57	04:06 /km
2	FELIPE ANNUNCIATO CLAVIJO MARTINS .	100	M	34	02:07:42.23	1	00:17:29.00	01:10 /HM	00:01:32.69	3	01:02:48.25	38,21 km/h	00:01:24.43	6	00:44:27.86	04:27 /km
3	RAPHAEL AMBROZINI SANTOS .	298	M	34	02:07:57.04	10	00:20:44.98	01:22 /HM	00:01:48.62	5	01:03:28.69	37,81 km/h	00:01:34.18	1	00:40:20.57	04:01 /km
4	LYNNEKHER FERNANDES .	195	M	33	02:09:21.13	12	00:20:57.61	01:24 /HM	00:01:42.03	4	01:03:23.40	37,86 km/h	00:01:29.22	3	00:41:48.87	04:10 /km
5	SAVIO PEREIRA MAGALHAES .	305	M	33	02:13:27.60	5	00:19:41.32	01:18 /HM	00:01:44.60	8	01:04:35.59	37,16 km/h	00:01:41.86	9	00:45:44.23	04:34 /km

## # GERAL FEMININO - STANDARD

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	VICTORIA DE BARROS CASTRO .	176	F	20	02:34:16.61	1	00:18:42.58	01:15 /HM	00:03:03.27	3	01:14:38.25	32,16 km/h	00:03:26.66	4	00:54:25.85	05:26 /km
2	LARISSA COSER .	159	F	38	02:41:01.57	3	00:21:33.67	01:26 /HM	00:02:47.37	4	01:17:38.38	30,91 km/h	00:03:38.86	7	00:55:23.29	05:32 /km
3	LORENA PIN LAURENZONI VILLAS .	150	F	41	02:42:01.29	28	00:30:43.15	02:03 /HM	00:04:56.11	1	01:10:38.45	33,97 km/h	00:03:23.29	1	00:52:20.29	05:13 /km
4	MONIQUE MARIA LIMA CABRAL .	131	F	57	02:48:48.59	4	00:23:10.80	01:33 /HM	00:02:36.48	11	01:23:02.24	28,90 km/h	00:03:13.90	8	00:56:45.17	05:40 /km
5	BRUNA VASCONCELOS .	142	F	43	02:48:56.56	7	00:25:19.75	01:41 /HM	00:04:13.03							



# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

## Ranking

### M18-24 Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	VITOR LIMA DE FREITAS .	333	M	23	02:21:33.21	2	00:22:49.63	01:31 /HM	00:01:53.30	2	01:09:43.69	34,42 km/h	00:01:36.75	1	00:45:29.84	04:33 /km
2	SAMUEL MARINHO SILVA .	334	M	18	02:25:10.95	1	00:19:00.22	01:16 /HM	00:02:55.34	1	01:07:37.34	35,49 km/h	00:01:31.47	3	00:54:06.58	05:24 /km
3	LEANDRO MOREIRA GONCALVES .	331	M	24	02:31:11.03	4	00:27:14.28	01:49 /HM	00:02:36.61	3	01:09:55.05	34,33 km/h	00:01:54.75	2	00:49:30.34	04:57 /km
4	GUSTAVO HENRIQUE .	332	M	24	02:48:35.37	5	00:28:56.04	01:55 /HM	00:02:45.95	4	01:20:22.77	29,86 km/h	00:02:15.53	4	00:54:15.08	05:25 /km
5	IGOR LAURENZONI VILLAS .	335	M	18	03:17:31.74	3	00:24:01.27	01:36 /HM	00:06:33.41	5	01:24:12.60	28,50 km/h	00:07:26.06	6	01:15:18.40	07:31 /km

### F18-24 Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	GIOVANA CAJADO .	174	F	23	02:51:15.94	2	00:26:00.82	01:43 /HM	00:02:58.43	1	01:21:17.09	29,53 km/h	00:02:09.14	1	00:58:50.46	05:52 /km
2	SOFIA DAL ROVERE DE CASTRO .	175	F	21	03:06:55.25	1	00:23:41.76	01:34 /HM	00:03:53.30	2	01:35:20.96	25,17 km/h	00:03:54.34	2	01:00:04.89	06:00 /km

### M25-29 Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	MATHEUS LIMA MARCELINO FRANCA .	322	M	28	02:38:05.57	5	00:26:21.35	01:45 /HM	00:04:00.00	1	01:14:01.62	32,42 km/h	00:04:18.08	4	00:49:24.52	04:56 /km
2	SERGIO PENA DE FARIA FILHO .	328	M	25	02:38:17.19	2	00:23:38.74	01:34 /HM	00:03:46.59	6	01:20:22.13	29,86 km/h	00:02:26.46	1	00:48:03.27	04:48 /km
3	VINICIUS PANZARIN .	325	M	26	02:40:54.81	6	00:27:34.79	01:50 /HM	00:04:40.41	3	01:16:13.30	31,49 km/h	00:03:10.78	2	00:49:15.53	04:55 /km
4	CAIQUE SANTANA .	329	M	25	02:42:16.53	9	00:32:36.06	02:10 /HM	00:02:17.08	2	01:15:26.64	31,81 km/h	00:02:40.60	3	00:49:16.15	04:55 /km
5	PAULO HENRIQUE MARTINS CONFORTI .	326	M	26	02:43:53.55	4	00:25:42.34	01:42 /HM	00:04:27.88	4	01:17:47.69	30,85 km/h	00:03:16.44	6	00:52:39.20	05:16 /km

### F25-29 Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	MARIA ADELAYDE .	173	F	27	03:38:40.95	1	00:34:53.40	02:19 /HM	00:03:36.66	1	01:34:26.60	25,41 km/h	00:04:41.24	1	01:21:03.05	08:06 /km

# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

## Ranking

### M30-34

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	FREDERICO FERREIRA .	304	M	33	02:25:43.60	2	00:20:58.84	01:24 /HM	00:03:02.75	2	01:07:11.39	35,72 km/h	00:02:54.95	3	00:51:35.67	05:09 /km
2	MATHEUS CORTELETTI MORAES .	148	M	30	02:29:06.37											
3	MARCIO LUIZ ZAGANELLI FILHO .	313	M	31	02:29:50.47	3	00:21:02.32	01:24 /HM	00:02:59.38	1	01:07:10.12	35,73 km/h	00:02:19.84	9	00:56:18.81	05:37 /km
4	CARLOS ANDRE COSTA PAES .	308	M	33	02:33:50.12	5	00:24:07.34	01:36 /HM	00:03:04.29	3	01:11:04.89	33,76 km/h	00:02:39.94	6	00:52:53.66	05:17 /km
5	CAIO MOREIRA TEIXEIRA .	297	M	34	02:34:43.15	4	00:22:12.38	01:28 /HM	00:03:53.37	6	01:17:38.35	30,91 km/h	00:02:35.49	1	00:48:23.56	04:50 /km

### F30-34

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	NAYARA MAGESTE .	164	F	34	02:58:48.67	4	00:28:04.16	01:52 /HM	00:05:00.45	1	01:21:00.07	29,63 km/h	00:03:19.67	2	01:01:24.32	06:08 /km
2	FABRICIA VILLELA DE NOVAES BARCELLOS .	167	F	32	03:00:59.45	2	00:27:24.92	01:49 /HM	00:02:26.96	2	01:27:09.16	27,54 km/h	00:03:08.91	1	01:00:49.50	06:04 /km
3	IARA WICKERT DALLORTO .	169	F	31	03:17:17.73	1	00:19:40.82	01:18 /HM	00:04:51.86	3	01:31:52.30	26,12 km/h	00:05:39.82	5	01:15:12.93	07:31 /km
4	POLYANA PAULA FURTADO SILVA .	172	F	30	03:25:12.89	5	00:28:43.16	01:54 /HM	00:04:18.82	4	01:36:47.88	24,79 km/h	00:03:07.78	3	01:12:15.25	07:13 /km
5	RENATA TOMICH PINHEIRO .	166	F	33	03:31:13.99	6	00:28:53.74	01:55 /HM	00:05:59.76	5	01:37:30.52	24,61 km/h	00:04:45.82	4	01:14:04.15	07:24 /km

### M35-39

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	WILLYAN RIBEIRO SIEPIERSKI .	273	M	37	02:15:00.70	1	00:20:37.66	01:22 /HM	00:02:08.57	3	01:06:43.43	35,97 km/h	00:02:16.67	2	00:43:14.37	04:19 /km
2	MATHEUS GONZAGA .	155	M	36	02:17:51.34	5	00:22:20.67	01:29 /HM	00:03:09.44	1	01:03:57.52	37,52 km/h	00:02:33.91	3	00:45:49.80	04:34 /km
3	TIAGO DE LACERDA SOARES SILVA .	267	M	38	02:21:58.28	4	00:22:11.45	01:28 /HM	00:02:24.87	2	01:06:31.12	36,08 km/h	00:02:44.01	4	00:48:06.83	04:48 /km
4	GUILHERME AUGUSTO DE OLIVEIRA .	256	M	39	02:22:06.39	10	00:23:57.01	01:36 /HM	00:02:58.76	7	01:09:42.90	34,43 km/h	00:02:36.19	1	00:42:51.53	04:17 /km
5	JEHOVAH GUIMARAES TAVARES .	266	M	38	02:26:14.70	13	00:24:28.30	01:37 /HM	00:03:13.07	4	01:08:01.90	35,28 km/h	00:02:13.66	5	00:48:17.77	04:49 /km

# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

## Ranking

### F35-39

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	GABRIELA LOPES DE BRITO BURKE .	163	F	35	02:50:00.99	4	00:29:31.69	01:58 /HM	00:04:31.34	2	01:20:15.19	29,91 km/h	00:02:03.34	1	00:53:39.43	05:22 /km
2	ELIZA SALOMAO AMADOR .	154	F	39	02:53:51.23	3	00:27:43.34	01:51 /HM	00:05:44.20	1	01:13:54.96	32,47 km/h	00:02:08.06	4	01:04:20.67	06:25 /km
3	BRUNA GOIS GURGEL .	162	F	35	03:05:00.83	7	00:31:50.56	02:07 /HM	00:06:18.65	3	01:23:34.34	28,72 km/h	00:03:57.18	2	00:59:20.10	05:55 /km
4	VANESSA DE ALCANTARA SALES .	161	F	35	03:10:32.58	2	00:26:51.45	01:47 /HM	00:04:24.05	4	01:27:58.50	27,28 km/h	00:04:28.77	5	01:06:49.81	06:40 /km
5	RACHEL RIBEIRO TAVARES .	156	F	38	03:35:13.62	1	00:26:04.62	01:44 /HM	00:03:15.06	7	02:00:20.30	19,94 km/h	00:03:14.56	3	01:02:19.08	06:13 /km

### M40-44

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	CONSTANTEEN HELAL NETO .	440	M	43	02:16:37.36	1	00:19:31.13	01:18 /HM	00:01:56.19	1	01:04:33.54	37,18 km/h	00:02:01.53	4	00:48:34.97	04:51 /km
2	ANDRE VALADARES .	241	M	41	02:20:24.39	9	00:22:23.66	01:29 /HM	00:02:58.74	2	01:05:43.54	36,52 km/h	00:01:54.54	2	00:47:23.91	04:44 /km
3	MARCUS VINICIUS MOTTA ZANELLA .	224	M	43	02:25:31.07	15	00:25:25.91	01:42 /HM	00:01:50.03	6	01:08:22.66	35,10 km/h	00:02:06.20	3	00:47:46.27	04:46 /km
4	RAFAEL RAMOS BERNARDO .	244	M	41	02:25:35.15	6	00:21:07.90	01:24 /HM	00:02:33.57	3	01:05:59.31	36,37 km/h	00:02:35.39	9	00:53:18.98	05:19 /km
5	RAFAEL MARTINIANO DE MIRANDA MOURA .	458	M	41	02:29:21.15	25	00:28:51.96	01:55 /HM	00:03:50.51	5	01:07:44.90	35,43 km/h	00:02:46.36	1	00:46:07.42	04:36 /km

### F40-44

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	CAROLINA LUIZ DE FREITAS .	147	F	42	02:54:45.40	6	00:31:26.46	02:06 /HM	00:03:34.38	1	01:23:40.92	28,68 km/h	00:02:58.23	1	00:53:05.41	05:18 /km
2	PATRICIA MAFFIA VALENTE .	152	F	40	02:59:04.26	2	00:27:39.69	01:50 /HM	00:03:08.02	3	01:27:24.97	27,45 km/h	00:02:55.80	3	00:57:55.78	05:47 /km
3	MARIA CASTELLOES LIMA .	144	F	43	02:59:47.87	1	00:24:27.35	01:37 /HM	00:04:11.26	5	01:28:34.91	27,09 km/h	00:03:42.89	5	00:58:51.46	05:53 /km
4	VIVIANE WIGAND GODINHO SADER .	151	F	40	03:00:08.46	3	00:28:57.99	01:55 /HM	00:02:34.47	4	01:28:20.55	27,17 km/h	00:01:58.78	4	00:58:16.67	05:49 /km
5	PAULA LAMPE FIGUEIRA .	145	F	42	03:07:17.38	5	00:30:48.54	02:03 /HM	00:03:10.49	6	01:29:27.64	26,83 km/h	00:03:21.18	6	01:00:29.53	06:03 /km

### M45-49

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	GUSTAVO EPOV DE ALMEIDA PRADO .	215	M	46	02:22:54.20	4	00:22:41.44	01:30 /HM	00:04:06.33	1	01:07:37.05	35,49 km/h	00:02:40.22	1	00:45:49.16	04:34 /km
2	BRUNO BONACCORSI .	817	M	48	02:27:03.37	1	00:21:23.96	01:25 /HM	00:03:49.45	2	01:09:27.72	34,55 km/h	00:02:47.22	2	00:49:35.02	04:57 /km

# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

## Ranking

#	Name	Bib	M/F	Age	TOTAL			SWIM			T1			BIKE			T2			RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace			
3	FRANCISCO CLEITON PINTO DA SILVA .	207	M	47	02:27:50.37	3	00:22:04.81	01:28 /HM	00:02:36.36														
4	HALIM PAVESI AZOURY .	212	M	46	02:35:21.58	11	00:24:54.14	01:39 /HM	00:03:08.55	4	01:14:57.78	32,02 km/h	00:02:01.90	3	00:50:19.21	05:01 /km							
5	CRISTHIANO MARTINS AUTOMARE .	208	M	47	02:36:54.76	9	00:24:09.67	01:36 /HM	00:03:23.10	5	01:14:58.64	32,01 km/h	00:02:41.27	5	00:51:42.08	05:10 /km							

## F45-49

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL			SWIM			T1			BIKE			T2			RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace			
1	MAYRA REIS ARAUJO GOMES .	140	F	46	02:54:11.46	1	00:27:06.45	01:48 /HM	00:03:34.45	3	01:25:04.36	28,21 km/h	00:03:35.95	1	00:54:50.25	05:28 /km							
2	DANIELLE SARTORIO NICO .	141	F	45	02:57:41.47	3	00:29:19.12	01:57 /HM	00:03:51.32	1	01:18:27.28	30,59 km/h	00:03:56.69	3	01:02:07.06	06:12 /km							
3	MARCELE SALAVERRY .	138	F	47	03:03:57.31	2	00:29:03.67	01:56 /HM	00:04:22.74	2	01:22:30.59	29,09 km/h	00:02:02.56	4	01:05:57.75	06:36 /km							
4	DULCE CRISTINE MENDES NEVES .	139	F	46	03:07:39.36	4	00:30:43.61	02:03 /HM	00:03:07.53	4	01:29:43.43	26,75 km/h	00:02:54.02	2	01:01:10.77	06:07 /km							
5	ANDREA GUIMARAES .	137	F	47	03:54:16.26	5	00:36:07.09	02:24 /HM	00:07:23.71	7	01:48:14.56	22,17 km/h	00:06:34.52	5	01:15:56.38	07:35 /km							

## M50-54

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL			SWIM			T1			BIKE			T2			RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace			
1	ANGELO ALTINO MACHADO FILHO .	27	M	54	02:28:13.90	3	00:24:59.87	01:40 /HM	00:04:23.72	1	01:10:06.94	34,23 km/h	00:03:10.20	1	00:45:33.17	04:33 /km							
2	LEONARDO SOUZA ROGERIO DE CASTRO .	184	M	53	02:47:58.14	2	00:24:19.06	01:37 /HM	00:04:30.57	2	01:17:27.50	30,98 km/h	00:03:57.98	3	00:57:43.03	05:46 /km							
3	JULIO CESAR PEREIRA .	191	M	50	02:48:34.37																		
4	JOLIVAL ANTONIO DA SILVA JUNIOR .	183	M	54	02:59:13.91	7	00:31:01.24	02:04 /HM	00:02:42.98	3	01:20:29.27	29,82 km/h	00:03:10.14	4	01:01:50.28	06:10 /km							
5	YURI MOURA AGUILERA .	185	M	53	03:20:42.74	6	00:30:32.80	02:02 /HM	00:06:17.69	5	01:27:48.76	27,33 km/h	00:05:12.13	6	01:10:51.36	07:05 /km							

## F50-54

Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL			SWIM			T1			BIKE			T2			RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace			
1	WANIA LUCIA DA SILVA MARTINS AUTOMARE .	133	F	51	03:28:20.90	1	00:35:52.07	02:23 /HM	00:04:04.95	1	01:33:34.55	25,65 km/h	00:03:44.96	1	01:11:04.37	07:06 /km							



# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

## Ranking

### M55-59 Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	MARCOS EUGÊNIO DIAS DE MELLO .	181	M	55	03:20:43.37											
2	EDSON FERNANDES MARTINS .	180	M	55	03:23:43.80	1	00:25:15.39	01:40 /HM	00:04:39.82	1	01:35:43.82	25,07 km/h	00:03:53.48	1	01:14:11.29	07:25 /km

### F60-64 Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	MARIA CRISTINA WICKERT .	130	F	61	03:02:28.54	2	00:30:38.98	02:02 /HM	00:06:44.14	1	01:21:22.46	29,49 km/h	00:04:04.62	1	00:59:38.34	05:57 /km
2	ADELI GAVINA .	129	F	62	03:30:41.10	1	00:28:56.73	01:55 /HM	00:03:33.51	2	01:36:05.70	24,98 km/h	00:03:14.12	2	01:18:51.04	07:53 /km

### M65-89 Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	RICARDO TEIXEIRA DA CUNHA .	15	M	65	02:53:56.03	1	00:27:02.71	01:48 /HM	00:08:26.44	1	01:19:24.46	30,22 km/h	00:05:15.42	1	00:53:47.00	05:22 /km

### F55-59 Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
No Results														

### M60-64 Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
No Results														

### F65-89 Triathlon | STANDARD

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	
No Results														